

# MEDICATION SYNCHRONIZATION

Minimize your time waiting in line at the pharmacy and reclaim your free time for the important things in life.



## STREAMLINE YOUR TRIPS TO THE PHARMACY

If you're juggling multiple prescription medications for yourself or those you care for, it can be difficult to keep track of the refill schedules that go along with each. Being responsible for multiple trips to the pharmacy every month can lead to missed doses which can have a big impact on your health. At Excellus BCBS, we're collaborating with your pharmacy to make managing your medications easier.

As an Excellus BCBS member, you have the option to synchronize your prescription refills and pick them up on a single, convenient day each month. Regardless of the initial refill dates set, medications you fill on a routine basis will be rescheduled to be filled at the same time, allowing you to combine all of your trips to the pharmacy into one.

## MAKING LIFE A LITTLE EASIER

Our medication synchronization option is free to Excellus BCBS members and offers a number of benefits, including:

- Confidence knowing that you will have all of the medications you need, when you need them
- Eliminate confusion of timing and more easily manage your various prescriptions and chronic conditions or needs
- Minimizing the number of calls or visits to the pharmacy – once you synchronize your medications, your refills will be ready for you each month\* and your pharmacist will handle coordinating additional refills with your physician

## SIGNING UP IS SIMPLE

In order to participate, you must elect the option at your preferred pharmacy, but we're making it simple to sign up. The next time you make a trip to your pharmacy, just bring in the slip from the bottom of this sheet, let your pharmacist know that you would like to sync the timing of your various medication refills, and they will take it from there.

\*Applies if your pharmacy offers auto-refill service and you have registered to participate in that program.

Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

..... **DETACH AND BRING TO PHARMACY** .....

## YOUR PHARMACY CUSTOMER WOULD LIKE TO SYNCHRONIZE THEIR MEDICATION REFILL DATES.

### Instructions for Pharmacist:

Claims eligible for synchronization will return a secondary message stating, "RX ELIGIBLE FOR SYNCHRONIZATION". If needed, please shorten the days supply and resubmit with Submission Clarification Code 47/48 if the claims reject with NCPDP Reject 79 "Refill Too Soon".

